



# Need some support?

Your Equifax benefits are here for you



Find the support you need to live your best

Visit **Equifax Central > People Link** at **work or [efxhealthywealthwise.com](https://efxhealthywealthwise.com)** from anywhere.

First Name Last Name  
Street Address Line 1  
Street Address Line 2  
City, State ZIP Code

Equifax Inc.  
1550 Peachtree Street NW  
Atlanta, GA 30309



INDICIA

## Physical: Medical, Dental, Vision

### See a Doctor from Home

If you have concerns about visiting your doctor's office, use our medical plan's telehealth services — Amwell (855-667-9722) or MDLIVE (888-726-3171).



Get the care you need for a wide range of non-life-threatening conditions, such as sore throat, headache, fevers, cold/flu, and allergies.



Schedule an appointment during the day, night, and even on the weekend and log in from your home, office, or wherever works best for you.



Pay no more than \$55 from your HSA per visit — which is usually lower than visiting an urgent care center or doctor's office. In the \$1,000 Deductible plan, coinsurance applies.

## Financial: 401(k), FSAs, HSA, Insurance, Stock Purchase, Financial Planning

### Get More from Your HSA and FSAs

Have your dependent care or health care needs changed suddenly this year? These changes to our HSA and FSAs can help.



You have until Sept. 30, 2020, to submit your 2019 expenses for FSA reimbursement.



Menstrual care products and over-the-counter medications without a prescription\* can now be purchased with your HSA or Health Care or Limited Purpose FSA.



If your dependent care situation changes, you may be able to change your Dependent Care FSA election even if you haven't experienced a qualifying life event.

\* This change applies to amounts paid or expenses incurred on or after January 1, 2020. Nutritional supplements, herbal remedies, and most vitamins are not considered drugs or medication by the FDA and still require a doctor's note or prescription for reimbursement.

# People Link at work ...

## Personal: EAP, Adoption Assistance, Time Away from Work

### Heal Your Feelings

In times like these, many of us are experiencing feelings that can become overwhelming. Here are some of the ways you can find help.



For free, confidential help with a variety of personal issues, visit [Lifeworks.com](https://www.lifeworks.com) (username: Equifax | password: lifeworks) or call 888-267-8126 (español: 888-732-9020).



The new Talkspace app lets you connect privately with licensed therapists. It's available to those covered by the Equifax medical plan and subject plan cost sharing.



Those covered by the Equifax medical plan can also connect with qualified clinicians for support and guidance by calling Cigna's 24-hour toll-free helpline at 866-912-1687.

## Community: Time Off and Money for Your Cause

### Equifax + You = Stronger Communities

Donating money, volunteering at food banks, and delivering meals and groceries to seniors are just some of the ways we can help our neighbors and our communities right now.



To encourage employees to give back to their communities, last year Equifax introduced additional paid time off — up to 16 hours — to allow you to perform community service.



Through our matching gifts program, your donation of \$50 to \$10,000 to an eligible 501(c)(3) nonprofit organization of your choice will be matched dollar for dollar by Equifax.



To learn more about our vision of corporate philanthropy and our mission to support healthy communities, visit the Community Affairs section of Equifax Central.

**wise.com** from anywhere.

# COVID-19: Free Tests, Treatments & More

The COVID-19 pandemic has shown us just how unpredictable life can be. Your Equifax benefits are here to help you live your best every day, even during these extraordinary times.

These services are available **at no cost through at least July 31, 2020**, to Equifax employees and dependents covered by an Equifax medical plan.

- **Symptom Checker** — The Buoy for Cigna Symptom Checker provides real-time, clinically accurate information that can help identify risk for COVID-19. Find it at [myCigna.com](https://myCigna.com).
- **FDA-approved Testing** — Cigna will waive your out-of-pocket costs if a health care provider or hospital administers the COVID-19 test and sends the sample to an approved lab.
- **Telehealth Visits** — Concerned about possible COVID-19 symptoms or exposure? Use Cigna's telehealth options — Amwell (855-667-9722) or MDLIVE (888-726-3171) — to consult with board-certified doctors, nurses, and therapists from home, 24/7.
- **In-network Diagnostic Visits** — Cigna will waive your out-of-pocket costs for COVID-19 diagnostic visits at an in-network provider's office, urgent care center, emergency room, or via virtual care.
- **Treatment** — Cigna will waive your out-of-pocket costs for COVID-19 treatments that are covered under Medicare or other applicable state regulations.

## Don't Forget Prescription Drug Home Delivery!

If you or a covered family member have a chronic health condition and are worried about access to needed medications, remember you can obtain a 90-day supply with free delivery directly to your home through Cigna's Express Scripts Pharmacy **(800-835-3784)**.

Learn more about all your Equifax benefits at [Equifax Central > People Link](#) or [efxhealthywealthywise.com](https://efxhealthywealthywise.com).

